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PROVISIONAL APPLICATION FOR PATENT COVER SHEET

This is a request for filing a PROVISIONAL APPLICATION FOR PATENT under 37 CFR 1.53 (c).

INVENTOR(S)					
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<input type="checkbox"/> Additional inventors are being named on the ____ separately numbered sheets attached hereto					
TITLE OF THE INVENTION (280 characters max)					
A dietary supplement consisting of an aqueous extract of red vine leaves for the relief and prevention of chronic venous insufficiency of the lower extremities					
Direct all correspondence to: CORRESPONDENCE ADDRESS					
<input type="checkbox"/> Customer Number		<input type="text"/>		Place Customer Number Bar Code Label here	
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ENCLOSED APPLICATION PARTS (check all that apply)					
<input checked="" type="checkbox"/> Specification Number of Pages		7		<input type="checkbox"/> Small Entity Statement	
<input type="checkbox"/> Drawing(s) Number of Sheets		<input type="text"/>		<input type="checkbox"/> Other (specify) <input type="text"/>	
METHOD OF PAYMENT OF FILING FEES FOR THIS PROVISIONAL APPLICATION FOR PATENT (check one)					
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The invention was made by an agency of the United States Government or under a contract with an agency of the United States Government.					
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Respectfully submitted,

SIGNATURE

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10/20/99

REGISTRATION NO.

P45,016

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USE ONLY FOR FILING A PROVISIONAL APPLICATION FOR PATENT

This collection of information is required by 37 CFR 1.51. The information is used by the public to file (and by the PTO to process) a provisional application. Confidentiality is governed by 35 U.S.C. 122 and 37 CFR 1.14. This collection is estimated to take 8 hours to complete, including gathering, preparing, and submitting the complete provisional application to the PTO. Time will vary depending upon the individual case. Any comments on the amount of time you require to complete this form and/or suggestions for reducing this burden, should be sent to the Chief Information Officer, U.S. Patent and Trademark Office, U.S. Department of Commerce, Washington, D.C., 20231. DO NOT SEND FEES OR COMPLETED FORMS TO THIS ADDRESS. SEND TO: Box Provisional Application, Assistant Commissioner for Patents, Washington, D.C. 20231

A. dietary supplement consisting of an aqueous extract of red vine leaves for the relief and prevention of chronic venous insufficiency of the lower extremities

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Description

BACKGROUND OF THE INVENTION

1. Field of the Invention

The present invention relates to a dietary supplement, and more particularly, to a dietary supplement for preventing or alleviating the discomfort associated with mild-to-moderate chronic venous insufficiency of the lower extremities.

2. Description of the Related Art

Presently, there are millions of people around the world who suffer from mild-to-moderate chronic venous insufficiency of the legs. This common condition is characterized by an inadequacy of the venous circulation to return blood from the legs to the heart. The lack of adequate venous return results in venous stasis and an increased pressure within the venous circulation, promoting the development of edema and tissular water retention.

Chronic venous insufficiency (CVI) is a functional disorder caused by persistent inadequacy of the venous return and is characterized clinically by edema, skin changes and subjective complaints such as tired, heavy legs, pain or tingling sensations, which are typically amplified by standing upright and by high ambient temperatures. This dysfunction may be a source of major distress with a significant negative impact on the patient's overall well-being and quality of life. Early stages (grade I) are characterized by coronal phlebectasia paraplantaris, subfascial congestion and edema; grade II CVI is associated with low-grade skin changes, eczema and lipodermatosclerosis. If untreated, grades I and II often progress to an advanced stage characterized by recurrent venous leg ulcers (grade III). The distress caused by the symptoms, even when relatively mild initially, and the risk of later complications call for appropriate supportive and preventive measures to be initiated in the early stages of CVI. Although some patients, even at early stages, might require surgery (sclerotherapy and variceal surgery), the use of compression stockings with or without additional physiotherapy is the most common treatment approach. The effect of compression is merely mechanical, i.e. this approach does not affect or correct the related biological dysfunction (capillary fragility in particular). Furthermore, the treatment with compression stockings often lacks compliance because of cosmetic concerns and the overall inconvenience of the compressive stockings, in the summer in particular. Therefore there is interest in alternative approaches that are effective, well-tolerated and more convenient.

SUMMARY OF THE INVENTION

The present invention is directed to a dietary supplement for preventing and alleviating the discomfort associated with mild-to-moderate chronic venous insufficiency of the lower extremities. Specifically, the dietary supplement composition of the present invention consists of herbal ingredients derived by an aqueous extraction from red vine leaves (*folia vitis viniferae*; Extractum Vitis viniferae e folium spissum et siccum). This extract contains flavon(ol)-glycosides, -glucuronides and flavonoids, with quercetin-3-O- β -D-glucuronid and isoquercitrin (quercetin-3-O- β -Glycoside) as its main active ingredients. The range of their pharmacological actions has not yet been fully elucidated, but in-vitro studies indicate that they have antioxidant and anti-inflammatory properties and that they inhibit platelet aggregation and hyaluronidase and reduce edema, possibly by reducing capillary permeability. Preclinical in-vivo experiments demonstrated anti-inflammatory and capillary wall thickening effects.

In a preferred embodiment, the dietary supplement is a solid dosage form, i.e. a capsule or tablet, that consists of 20 to 60% of aqueous red vine leaf extract with a high flavonoid content of 2-15%. Another preferred dosage form is that of drops containing 3 to 90% of extract. Further suitable administration forms may be coated tablets, syrups etc.

With the foregoing in mind, it is a primary object of the present invention to provide a dietary supplement for preventing and alleviating the discomfort associated with mild-to-moderate chronic venous insufficiency of the lower extremities.

It is a further object of the present invention to provide a dietary supplement for preventing and alleviating the discomfort associated with mild-to-moderate chronic venous insufficiency of the lower extremities comprising herbal ingredients, wherein the dietary supplement is manufactured pursuant to a controlled process that preserves the herbal curing qualities of the ingredients.

It is still a further object of the present invention to provide a dietary supplement which is effective in preventing and alleviating the discomfort associated with mild-to-moderate chronic venous insufficiency of the lower extremities.

It is still a further object of the present invention to provide a dietary supplement for preventing and alleviating the discomfort associated with mild-to-moderate chronic venous insufficiency of the lower extremities comprising herbal ingredients and having minimal or no side effects and thus being safe for internal consumption.

DESCRIPTION OF THE PREFERRED EMBODIMENT

A fundamental part of the present invention is the preparation of a supplement for oral administration containing an aqueous extract prepared from dried red vine leaves. The latter is characterised by a high content of 2 to 20% of biologically active flavonoids.

The following example describes the preparation of the supplement:

The basis of the supplement is the aqueous extract of red vine leaves (*foliae vitis viniferae* L.). The starting material for the preparation of the extract are red vine leaves collected at a point of time where the content in flavonoids has reached an optimum. This is usually the case around the harvesting time of the grapes. The leaves are carefully dried and crushed. For extraction the leaves are cut to pieces of preferably 5 to 10 mm. To achieve a high content in flavonoids the extraction is done at elevated temperature, preferably at a temperature in the range of 60° to 80°C, over a time of at least 6 up to 10 hours. The preferred method is that of an exhaustive percolation.

The so-called fluid extract obtained in the course of the extraction may be directly used in the preparation of liquid dosage forms. In order to get a more concentrated extract preferably at least part of the solvent is removed by use of a suitable evaporator. The thick extract gained in this step may again be directly used in the manufacturing of liquid dosage forms.

For the preparation of solid dosage forms the thick extract is dried, for instance by use of a vacuum drying oven or a vacuum drying conveyer. Excipients may be added during drying to facilitate further processing of the extract. Such excipients may be silicon dioxide, maltodextrine, glucose syrup, cellulose and others.

The supplement for oral administration is manufactured using usual techniques applied in the food industry or in the pharmaceutical industry. Preferred

administration forms are tablets, including coated tablets or capsules. But also liquid preparations, preferably drops, may be chosen.

To prevent or alleviate the discomfort of mild-to-moderate chronic venous insufficiency of the lower extremities, the dietary supplement should be taken in dosages corresponding to 80 and 1000 mg of extract, preferably 350-700 mg daily. The total amount of extract may be divided up in 1 to 3 capsules or tablets a day (or an equivalent dose by means of a liquid form). The daily dose should be taken at once, preferably in the morning.

Impressive improvement of the symptoms can be expected within 6 weeks of continuous use. The optimum effect is maintained or amplified on longer use. In order to verify the effectiveness, safety and tolerability of the dietary supplement of the present invention, a randomized, placebo-controlled, double-blind parallel-group study was conducted in a large and representative sample of patients with evidence of mild-to-moderate chronic venous insufficiency of the lower extremities. This study was carried out in accordance with the Declaration of Helsinki and the Principles of Good Clinical Practice. The results are set forth below:

Objective – To assess the efficacy and safety of once-daily doses of 360 and 720 mg red vine leaf extract (RVLE) compared to placebo in patients with grade I and incipient grade II chronic venous insufficiency (CVI).

Design – A 12-week, randomized, double-blind, placebo-controlled, parallel-group, multi-center study.

Patients – Male and female outpatients between 25 and 75 years of age with grade I and grade II CVI (i.e. without extensive trophic changes), without further significant medical conditions and not treated with compression stockings, diuretics or other drugs affecting fluid balance.

Intervention – Patients were randomly assigned to a double-blind treatment with placebo, 360 mg RVLE or 720 mg RVLE once daily for 12 weeks, preceded and followed by a single-blind 2-week placebo treatment for baseline run-in and end-of-trial washout, respectively. Study criteria were evaluated at baseline, after 6 and 12 weeks of treatment and 2 weeks after discontinuation of treatment.

Outcome Measures – Primary outcome measure: Change in lower leg volume, as determined by water displacement plethysmography. Secondary outcome measures: Change in ankle and calf circumference; change in intensity of key symptoms ("tired, heavy legs", "feeling of tenseness", "tingling sensation", and "tenderness/pain") compared to baseline.

Results – Of the 260 patients enrolled and randomized, 219 completed the study in accordance with the protocol. In the intention-to-treat analysis ($N = 257$), the mean (\pm SD) lower leg volume of the patients treated with placebo ($N = 87$) increased by 15.2 ± 90.1 g (displaced water mass) compared to baseline after 6 weeks of treatment and by 33.7 ± 96.1 g compared to baseline after 12 weeks of treatment. In patients treated with RVLE, however, lower leg volume decreased and, after 12 weeks of treatment, the difference in mean lower leg volume between the active treatment groups and the placebo group was -75.9 g (95% CI: -106.1 to 45.8 g) for the 360-mg RVLE group ($N = 86$) and -99.9 g (95% CI: -130.3 to -69.6 g) for the 720-mg RVLE group ($N = 84$). The changes in calf circumference showed a similar pattern; in patients treated with RVLE, both the higher dose (720 mg) and, to a lesser extent, the lower dose (360 mg) resulted in a clear reduction in circumference over time, whereas, in patients treated with the placebo, the circumferences remained largely unchanged (95% CI of the estimated treatment effects vs. placebo after 12 weeks: -1.40 to -0.56 cm for 360 mg RVLE and -1.73 to -0.88 cm for 720 mg RVLE). The reductions in ankle circumference were qualitatively similar but quantitatively less marked. Subjectively, there was an improvement in key CVI symptoms at 6 weeks with all treatments, but a further improvement at week 12 was seen only in the active treatment groups; at 12 weeks, the changes compared to baseline were significantly greater ($p < 0.001$) in both active treatment groups than in the placebo group. The treatments were well tolerated; Adverse events were rare and usually mild. Two AEs during treatment with the placebo

led to hospitalization. Three further patients were withdrawn because of AEs which occurred during treatment with the placebo.

Conclusion - Once-daily doses of 360 and 720 mg RVLE appeared safe and effective in the treatment of mild CVI, reducing lower leg edema and circumference whilst improving key CVI-related symptoms. The extent of edema reduction is at least equivalent to that reported for compression stockings and/or other edema-reducing agents. The higher dose was as well tolerated as the lower dose but resulted in a slightly greater and more sustained improvement.

It will be readily apparent to those skilled in the art that various changes and modifications of an obvious nature may be made without departing from the spirit of the invention, and all such changes and modifications of an obvious nature may be made without departing from the spirit of the invention, and all such changes and modifications are considered to fall within the scope of the invention, as defined by the claims as defined. While the composition of the present invention has been set forth in what is believed to be preferred embodiments, it is recognized that departures may be made within the spirit and scope of the following claims which, therefore, should not be limited except within the doctrine of equivalents. Now that the invention has been described,

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Claims:

1. The use of an aqueous extract of red vine leaves in preparing a dietary supplement for the prevention and treatment of the discomfort associated with mild-to-moderate chronic venous insufficiency of the lower extremities.
2. A method of producing the dietary supplement of claim 1 in a form suitable for oral administration
3. A method of producing the dietary supplement of claim 1 wherein said red vine leaf extract contains at least 2 and up to 20% flavonoids
4. A method of producing the dietary supplement of claim 1 wherein said red vine leaf extract contains at least 2 and up to 10% flavonoids
5. A method of producing the dietary supplement of claim 1 or claim 2 wherein flavonoids are present within the range of 0.1% to 15% related to the total mass of the preparation
6. A method of producing the dietary supplement of claim 1 or claim 2 wherein flavonoids are present within the range of 1% to 10% related to the total mass of the preparation
7. A method of producing the dietary supplement of claim 1 or claim 2 wherein said red vine leaf extract is present within the range of 3 to 90% related to the total mass of the preparation
8. A method of producing the dietary supplement of claim 1 or claim 2 wherein said red vine leaf extract is present within the range of 1 to 70% related to the total mass of the preparation.
9. A method of producing the dietary supplement of claim 1 or claim 2 wherein said red vine leaf extract is present within the range of 1 to 50% related to the total mass of the preparation.
10. The preparation of a dietary supplement of claims 1 to 9 in a form suitable for oral administration, such as granules, tablets, capsules, drops, syrups or others.

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Abstract:

A novel dietary supplement consisting of an aqueous extract of red vine leaves to prevent and reduce the discomfort relating to mild-to-moderate chronic venous insufficiency of the legs.

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